

Doze Family Case Study

Explore the website by clicking on the button on the website, or using this link:

https://www.pimalung.com/dozefamily/doze_family.html

Sample			
Context of study (where the study was conducted)			
Research Method			
Case Study Findings			
Participant	Age	Observations about sleep habits	What sleep disorders could develop? Why?
What advice would you give the participants about getting a better sleep?			
Answer the following questions based on your case study (use the textbook or website if needed).			
What are the symptoms of sleep onset & sleep maintenance insomnia?			
How can we describe the causes of sleep onset and sleep maintenance insomnia?			